



KARATE COMBAT



RULES OF KUMITE SPORT FIGHT IN KARATE COMBAT SYSTEM

AGE DIVISIONS

JUNIOR	- 18 -20
SENIOR	- 21 – 34
VETERAN	- 35+

WEIGHT CLASSES

Women

LIGHT WEIGHT	- UP TO 55 kg
MEDIUM WEIGHT	- UP TO 67 kg
HEAVY WEIGHT	- +67 kg
OPEN	

Men

LIGHT WEIGHT	- UP TO 65 kg
MEDIUM WEIGHT	- UP TO 80 kg
HEAVY WEIGHT	- +80 kg
OPEN	

FIGHTING AREA

1. SPORT FIGHTS IN KUMITE COMBAT TAKE PLACE ON A KARATE MAT OR IN A RING OR DESIGNATED FIGHTING AREA IN A GRASS FIELD.
2. THICKNESS OF THE MAT - 2-5 cm.
3. DIMENSIONS OF THE MAT - 8 x 8 m.
4. ZONE OF THE SAFE MAT OR AREA - 1 m.
5. SAFETY AREA - 3 m.

DURATION OF THE BOUT

A BOUT GOES ON FOR 2 MINUTES OF EFFECTIVE COMBAT TIME. THE REFEREE WILL STOP THE BOUT ONLY IN DANGEROUS MOMENTS, AT THE CLEAR SIGN OF THE CONTESTANT OR COACH.

CONTESTANTS' CLOTHING

CONTESTANTS PARTICIPATING IN KUMITE COMBAT SPORT FIGHTS SHALL WEAR:

- white KARATE – GI
- CONTESTANTS FIGHT BAREFOOT

MANDATORY EQUIPMENT USED IN KARATE COMBAT SPORT FIGHTS in the Kumite Combat event

- MMA GLOVES
- (boxing) HEADGUARD
- MOUTHPIECE
- GROIN PROTECTOR
- CHEST PROTECTOR FOR WOMEN
- SHIN AND FOOT PROTECTOR (as in kumite sanbon shobu WUKF)

PERMITTED EQUIPMENT USED IN KARATE COMBAT SPORT FIGHTS

- HAND WRAPPING

EQUIPMENT PROHIBITED IN KARATE COMBAT SPORT FIGHTS

- SPECTACLES
- ADDITIONAL CLOTHING ELEMENTS

JUDGES

SPORT FIGHTS IN KUMITE COMBAT ARE EVALUATED BY:

- I. **SUSHIN** - THE CENTRAL REFEREE who conducts the bout on the mat
- II. **FUKUSHIN** - 3 SCORING JUDGES WHO SIT AT THE MAT ON CHAIRS, ON THE SIDES OF THE MAT
- III. **KANSA** - TECHNICAL REFEREE WHO MEASURES TIME
- IV. **MEDICAL REFEREE** (AS IN WUKF)

SCORING

- FOR EVERY STRIKE AND KICK LANDED BY A CONTESTANT - 4 points
- FOR EVERY SWEEP THAT ENDS IN TAKING AN OPPONENT TO THE GROUND - 2 points
- FOR APPLYING A JOINT LOCK (not ending in submission) - 2 point
- FOR APPLYING A JOINT LOCK (ending in submission) - 2 points
- FOR EVERY SWEEP THAT ENDS IN TAKING AN OPPONENT TO THE GROUND AND ENDS WITH A HOLD, CHOKE OR JOINT LOCK (not ending in submission) - 4 points
- FOR EVERY SWEEP THAT ENDS IN TAKING AN OPPONENT TO THE GROUND AND ENDS IN AN STRIKE OR KICK, NOT GUARDED AGAINST, TO THE PERMITTED AREA - 10 points
- THROW THAT ENDS IN TAKING AN OPPONENT TO THE GROUND AND ENDS IN A HOLD, CHOKE, STRIKE OR KICK - 10 POINTS

A BOUT MAY FINISH EARLIER:

- A) WHEN A CONTESTANT SCORES 10 points
- B) IN CASE OF A KNOCK-OUT
- B) WHEN THE OPPONENT SUBMITS
- C) WHEN A DOCTOR PROHIBITS A CONTESTANT FROM CONTINUING THE FIGHT
 - if the injury had been caused by a forbidden technique, the injured contestant wins the bout
 - if the injury had been caused by a correctly performed technique, the injured contestant loses the bout
- D) WHEN ONE OF THE CONTESTANTS IS DISQUALIFIED
 - FOR STRIKING IN A FORBIDDEN AREA
 - FOR PERFORMING A FORBIDDEN TECHNIQUE
 - FOR UNSPORTSMANLIKE, UNDIGNIFIED BEHAVIOUR
 - FOR LEAVING THE FIGHTING AREA FOR THE FOURTH TIME
 - FOR USING FORBIDDEN EQUIPMENT

A BOUT MAY END IN A DRAW

When a bout ends in a draw, i.e. none of the contestants gains a point advantage. There will be a second bout. If this bout also ends in a draw, the judges will decide and enter the winner in the scoring card.

PENALTIES

- FOR AN ATTACK TO A FORBIDDEN AREA – 2 points
- FOR PERFORMING A FORBIDDEN TECHNIQUE – 2 points

LEAVING THE FIGHTING AREA

- NO PENALTY IS APPLIED FOR LEAVING THE FIGHTING AREA FOR THE FIRST TIME
- TWO PENALTY POINTS ARE GIVEN FOR THE LEAVING THE FIGHTING AREA FOR THE SECOND TIME
- FOUR PENALTY POINTS ARE GIVEN FOR THE LEAVING THE FIGHTING AREA FOR THE THIRD TIME

FORBIDDEN ATTACK AREAS

- 1. BACK OF THE HEAD
- 2. SPINE
- THROAT – STRIKING, PUSHING, KICKING
- 4. EYES
- GROIN
- 3.
- 5.

FORBIDDEN TECHNIQUES

- 1. ATTACKING EYES WITH ONE'S FINGERS
- 2. APPLYING PRESSURE ON EYES
- 3. ATTACKING THE BACK OF THE HEAD OR SPINE WITH AN ELBOW

4. KICKING A LYING OPPONENT IN THE HEAD AREA
5. KICKING A LYING OPPONENT IN THE SPINE AREA.

ADMITTING A CONTESTANT TO SPORTS COMPETITION

1. A CONTESTANT UNDER 18 YEARS OF AGE MUST SUBMIT A WRITTEN PERMISSION FROM THEIR PARENTS OR LEGAL GUARDIANS FOR THEIR ENTRY IN THE KUMITE COMBAT EVENT IN THE GIVEN COMPETITION
2. THE CONTESTANT MUST HAVE A VALID MEDICAL EXAMINATION FROM THE SPORTS DOCTOR ALLOWING THEM TO PARTICIPATE IN SPORT FIGHTS.
3. THE CONTESTANT MUST BE HEALTHY WHEN ENTERING A BOUT, I.E. THEY MUST NOT HAVE ANY VISIBLE TRAUMAS, FRACTURES OR VISIBLE INJURIES WHICH MAY LEAD TO A SERIOUS INJURY OR TRAUMA – THIS SHALL BE EVALUATED BY THE MEDICAL REFEREE, WHO SHALL EXAMINE THE CONTESTANT BEFORE THEY ENTER THE MAT.
4. THE CONTESTANT MUST PRESENT A WRITTEN CONSENT TO PARTICIPATE IN THE KARATE COMBAT SPORT COMPETITION IN THE KUMITE COMBAT EVENT.

APPEAL AGAINST THE JUDGES' DECISION

THE CONTESTANT HAS THE RIGHT TO APPEAL AGAINST THE JUDGES' DECISION.

1. A DECISION MAY BE APPEALED AGAINST UNTIL THE CONTESTANT **LEAVES THE FIGHTING AREA.**
2. AN APPEAL CAN BE SUBMITTED BY THE COACH OR MANAGER OF THE FIGHTING CONTESTANT'S TEAM.
3. AN APPEAL CAN ONLY CONCERN TECHNICAL DECISIONS.

FINAL PROVISIONS

IN THE EVENT OF A SITUATION NOT DESCRIBED IN THE RULES OF KUMITE SPORT COMBAT HELD IN THE KARATE COMBAT SYSTEM THE FINAL DECISION SHALL BE MADE BY THE CENTRAL REFEREE AFTER CONSULTING ASSISTANT REFEREES.